

Patient History

Referred By: _____

Date: _____ First name: _____ Middle: _____ Last: _____

Address: _____ City: _____ State: _____ Zip: _____

Date of Birth: _____ Age: _____ Sex: _____ Email address: _____

Phone: (H) _____ (W) _____ (C) _____

Occupation: _____ Employer: _____

Marital Status S _____ M _____ DP _____ W _____ D _____ Number of Children _____

Contact in case of emergency: _____ Phone: _____

PLEASE FILL IN THE APPROPRIATE SPACES (All information you give is confidential)

Major complaint: _____

Describe what caused it: _____

How long have you had this symptom? _____

Have you had similar symptoms before? Yes () No () When? _____

Frequency (please circle however many apply): daily 3-4x/wk 2-3x/wk 1-2x/wk

constant frequent occasional intermittent after work in the mornings

in the evenings at night all day long

Severity (please circle): slight mild mild-moderate moderate moderate-severe severe

Quality (please circle): stabbing sharp dull sharp/dull numb tingling achy cramping

Does it interfere with any activities? (please circle all that apply): sleep lifting sitting standing

walking bending driving self-care bathing holding children exercising stretching

Other activities: _____

Is it worsening? _____

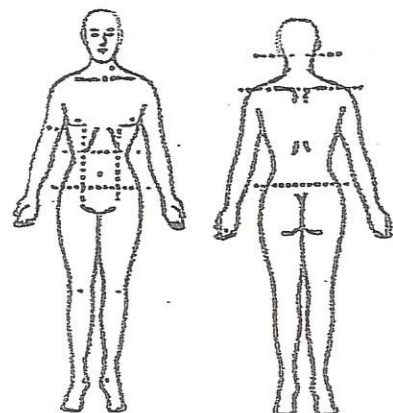
Please mark diagram below:

What makes symptom worse? _____

Better? _____

Was this injury related to: Work accident () auto accident ()

Have you lost work days? Yes () No () How Many? _____



Patient Name: _____ **Date** _____

List any significant illnesses:

List all operations:

List any current medications:

Have you seen anybody else for this condition? _____ When? _____ Who? _____

What kind of care did you receive? _____

When did you last see a chiropractor? _____ Dr.: _____

Why did you see this chiropractor? _____

Were you helped? _____

Do you suffer from any allergies?

If so, what are you allergic to? _____

Allergy symptoms: _____

HOW DO YOU WANT US TO HANDLE YOUR PROBLEM?

_____ Temporary Relief (Help the symptoms but do not fix the cause of the problem)

_____ Maximum Correction (Correct the cause of the problem for maximum stability in the future)

WHY DID YOU COME INTO OUR CLINIC AND WHAT ARE YOUR EXPECTATIONS OF US? _____

Family History:

	relationship to you		relationship to you
Diabetes	_____	Alcoholism	_____
Heart disease	_____	Depression	_____
High Blood Pressure	_____	Bleeding Disorder	_____
High Cholesterol	_____	Strokes	_____
Prostate Cancer	_____	Arthritis	_____
Breast Cancer	_____	Thyroid Disease	_____
Other Cancers	_____	Osteoporosis	_____

Functional Rating Index

For use with Neck and/or Back Problems only.

In order to properly assess your condition, we must understand how much your neck and/or back problems have affected your ability to manage everyday activities. For each item below, please circle the number which most closely describes your condition right now.

1. Pain Intensity

0	1	2	3	4
No pain	Mild pain	Moderate pain	Severe pain	Worst possible pain

2. Sleeping

0	1	2	3	4
Perfect sleep	Mildly disturbed sleep	Moderately disturbed sleep	Greatly disturbed sleep	Totally disturbed sleep

3. Personal Care (washing, dressing, etc.)

0	1	2	3	4
No pain; no restrictions	Mild pain; no restrictions	Moderate pain; need to go slowly	Moderate pain; need some assistance	Severe pain; need 100% assistance

4. Travel (driving, etc.)

0	1	2	3	4
No pain on long trips	Mild pain on long trips	Moderate pain on long trips	Moderate pain on short trips	Severe pain on short trips

5. Work

0	1	2	3	4
Can do usual work plus unlimited extra work	Can do usual work; no extra work	Can do 50% of usual work	Can do 25% of usual work	Cannot work

6. Recreation

0	1	2	3	4
Can do all activities	Can do most activities	Can do some activities	Can do a few activities	Cannot do any activities

7. Frequency of pain

0	1	2	3	4
No pain	Occasional pain; 25% of the day	Intermittent pain; 50% of the day	Frequent pain; 75% of the day	Constant pain; 100% of the day

8. Lifting

0	1	2	3	4
No pain with heavy weight	Increased pain with heavy weight	Increased pain with moderate weight	Increased pain with light weight	Increased pain with any weight

9. Walking

0	1	2	3	4
No pain; any distance	Increased pain after 1 mile	Increased pain after 1/2 mile	Increased pain after 1/4 mile	Increased pain with all walking

10. Standing

0	1	2	3	4
No pain after several hours	Increased pain after several hours	Increased pain after 1 hour	Increased pain after 1/2 hour	Increased pain with any standing

Name _____

PRINTED

ID#/SS# _____

Plan ID _____

Total Score _____

Signature _____

Date _____

Patient Name: _____ Date _____

Please mark (o) for past conditions & (X) for present conditions:

- | | | |
|--|--|--|
| <input type="checkbox"/> Fractured Bones | <input type="checkbox"/> Learning Disability | <input type="checkbox"/> Gall Bladder trouble |
| <input type="checkbox"/> Auto accidents | <input type="checkbox"/> Stutter | <input type="checkbox"/> Digestive problems |
| (a) <input type="checkbox"/> 0-1 years ago | <input type="checkbox"/> Stroke | <input type="checkbox"/> Varicose Veins |
| (b) <input type="checkbox"/> 1-5 years ago | <input type="checkbox"/> Dyslexia | |
| (c) <input type="checkbox"/> More than 5 years | <input type="checkbox"/> Hearing problems | <input type="checkbox"/> Belching/bloating after meals |
| <input type="checkbox"/> Other accidents/Falls | <input type="checkbox"/> Mood changes | <input type="checkbox"/> Heartburn |
| <input type="checkbox"/> Knocked unconscious | <input type="checkbox"/> Wheezing | <input type="checkbox"/> Ulcers |
| <input type="checkbox"/> Back Curvature | <input type="checkbox"/> Lose temper easily | <input type="checkbox"/> Diarrhea/Constipation |
| <input type="checkbox"/> Mental or Emotional Disorders | <input type="checkbox"/> High or Low Blood pressure | <input type="checkbox"/> Colon Trouble |
| <input type="checkbox"/> Excessive Gas | <input type="checkbox"/> Liver trouble | <input type="checkbox"/> Hemorrhoids |
| <input type="checkbox"/> Arthritis | <input type="checkbox"/> Headaches | <input type="checkbox"/> Prostate problems |
| <input type="checkbox"/> Diabetes | <input type="checkbox"/> Numbness, tingling, or pain in arms, hands, fingers | <input type="checkbox"/> Impotence |
| | <input type="checkbox"/> Kidney stones | <input type="checkbox"/> Joint replacement |
| <input type="checkbox"/> Swollen or painful joints | <input type="checkbox"/> Frequent urination | |
| <input type="checkbox"/> Head seems too heavy | <input type="checkbox"/> Head & Shoulders feel tired | <input type="checkbox"/> Discharge |
| <input type="checkbox"/> Convulsions/Epilepsy | <input type="checkbox"/> Dizziness | <input type="checkbox"/> Menstrual problems/PMS |
| <input type="checkbox"/> Skin problems | <input type="checkbox"/> Ringing in ears | <input type="checkbox"/> Menopausal problems |
| <input type="checkbox"/> Itching | <input type="checkbox"/> Jaw pain or click (TMJ) R. L. | <input type="checkbox"/> Breast lumps, soreness |
| <input type="checkbox"/> Bruise easily | <input type="checkbox"/> Foot trouble | <input type="checkbox"/> Frequent urination |
| <input type="checkbox"/> Cancer | <input type="checkbox"/> Chest pain | <input type="checkbox"/> Bedwetting |
| <input type="checkbox"/> Frequent Colds/Flu | <input type="checkbox"/> Asthma | <input type="checkbox"/> Ear infections |
| <input type="checkbox"/> Nervous /Anxiety | <input type="checkbox"/> Lung problems | <input type="checkbox"/> Hepatitis |
| <input type="checkbox"/> Tension | <input type="checkbox"/> Difficulty breathing | <input type="checkbox"/> AIDS/HIV |
| <input type="checkbox"/> Depressed | <input type="checkbox"/> Heart Attack | <input type="checkbox"/> Tremors |
| <input type="checkbox"/> Anemia | <input type="checkbox"/> Fainting | <input type="checkbox"/> Alcoholism |
| <input type="checkbox"/> Excess Sweating | <input type="checkbox"/> Pregnant (Now) | <input type="checkbox"/> Smoking |
| <input type="checkbox"/> Loss of Balance | <input type="checkbox"/> Blurred or double vision | <input type="checkbox"/> Pacemaker |
| <input type="checkbox"/> Light bothers eyes | <input type="checkbox"/> Numbness, tingling or pain in buttocks, thighs, legs, feet, toes R.L. | |
| <input type="checkbox"/> Allergy | <input type="checkbox"/> Pain with cough, sneeze or strain at stools | |
| <input type="checkbox"/> Sinus Problems | <input type="checkbox"/> Hip pain R.L. | |
| <input type="checkbox"/> Light headed upon rising | <input type="checkbox"/> Eating disorders | |
| <input type="checkbox"/> Under stress | <input type="checkbox"/> Sexually transmitted Disease | |
| <input type="checkbox"/> Crave sweets or salts | | |
| <input type="checkbox"/> Trouble sleeping | | |
| <input type="checkbox"/> Trouble concentrating | | |
| | | |
| <input type="checkbox"/> Loss of Memory | | |

Any other comments or conditions please list below: _____

Patient Billing Policy

Sunset Chiropractic Clinic provides chiropractic and rehabilitative services for acute care, chronic care (usually covered by health insurance) as well as maintenance care (not covered by health insurance). While it is our general policy at Sunset Chiropractic to bill your insurance company as a courtesy to you, we'd like to clarify our billing policy for your information.

For patients that receive chiropractic and rehabilitation services for acute and chronic care, we need to follow a complex set of clinical guidelines & administrative procedures. For example:

- Obtain your insurance information and verify your coverage.
- We usually need to provide more intense therapy (i.e. traction, muscle stretching & strengthening, upper & lower extremity adjusting, etc.) which requires you to spend more time with the doctor.
- Complete insurance authorization forms
- Submitting each claim to your insurance company and often re-submitting the claims
- Tracking and posting payments from the insurance company
- Often times waiting weeks, sometimes months to receive reimbursement
- And depending upon the type of insurance, reimbursed a percentage of the billed amount

As a result of the above, the prevailing reasonable and customary rate for the services we provide can range from \$ 50 to \$ 175 per session. Depending upon your type of insurance, we will be reimbursed a percentage of this amount.

The fees for patients that receive services for maintenance care are \$40 to \$100. Maintenance care usually begins after the first 12-36 visits and in most cases is not covered by insurance. This type of care usually requires less time, less intense therapy and may provide a discount from our standard fee schedule because there are no administrative costs (example, printing insurance claims, folding and stuffing envelopes, postage fees, etc. that are involved with collecting the fee). Also, we do not have to call insurance company representatives, engage in written correspondence with the insurance company and wait weeks, months or even longer to receive payment.

We often do not know exactly what your insurance company will pay us until we receive payment. Either way, we usually accept their payment after any deductible, co-payment and co-insurance is handled. Please understand that your insurance is an agreement between you and the insurance company and all services rendered to you are ultimately your responsibility. We hope this clarifies our billing policy. If you have any further questions, please don't hesitate to ask.

I have read, agree to, and understand the Sunset Chiropractic billing policy

Patient signature

Patient Name Printed

Date

Sunset Chiropractic Clinic

11507 SW Shilo Ln, Suite E • Portland, Oregon 97225
Telephone: 503.643.2225 • Facsimile: 503.520.0514

INFORMED CONSENT FOR CHIROPRACTIC FUNCTIONAL NEUROLOGY TREATMENT

I _____ consent to the performance of chiropractic functional
(Responsible party's name)

neurology treatments and any other associated procedures: physical examinations, tests, diagnostic x-ray, physical medicine, physical therapy procedures, massage therapy etc., on me by the doctors of chiropractic and/or the chiropractic assistants within Sunset Chiropractic Clinic.

**I understand, as with any health care procedures, that certain complications may arise during chiropractic functional neurology treatment. Those complications include but are not limited to: fractures, disc injuries, dislocations, muscle strain, Horners' syndrome, diaphragmatic paralysis, cervical myelopathy, costovertebral strains and separations. Some types of manipulations of the neck have been associated with injuries to the arteries in the neck leading to or contributing to complications including stroke.

I do not expect the treating doctor to be able to anticipate all risks and complications and I wish to rely upon the doctor to exercise judgment during the course of the procedure(s) which the doctor feels at the time, based upon facts then known, that are in my best interest.

I have had an opportunity to discuss with the doctor(s) at Sunset Chiropractic Clinic, and/or with office personnel, the nature and purpose, as well as, risks of chiropractic functional neurology treatments and other recommended procedures. Alternatives to these procedures have been discussed with me and I have had my questions answered to my satisfaction. I also understand that specific results are not guaranteed.

I have read (or have had read to me) the above explanation of the chiropractic functional neurology treatments. By signing below, I state that I have been informed and weighed the risks involved in chiropractic functional neurology procedures at this health care clinic. I have decided, freely and voluntarily, that it is in my best interest to receive chiropractic functional neurology care. I give my consent to that treatment. This consent will cover the entire course of treatment for my present condition(s) and for any future condition(s) for which I seek treatment.

SIGN ONLY AFTER YOU UNDERSTAND AND AGREE TO THE ABOVE

PRINT PATIENT NAME

SIGNATURE OF PATIENT OR REPRESENTATIVE

DATE

WITNESS SIGNATURE

DOCTOR SIGNATURE

SUNSET CHIROPRACTIC CLINIC

11507 SW SHILO LN, SUITE E • PORTLAND, OREGON 97225

TELEPHONE: 503-643-2225 • *Facsimile: 503-520-0514*

Acknowledgment of Privacy Practices and Permission to Leave Messages

Patient Name: _____ Date of Birth: _____

I acknowledge that I have received and/or reviewed a copy of Sunset Chiropractic Clinic Notice of Privacy Practices

I give permission to communicate messages in the following manner:

_____ You may leave a message on my answering machine located at this number _____

_____ You may leave a message on my cell phone _____

_____ You may leave a message with my spouse, _____ at this number _____

_____ You may leave a message with another person, _____ at this number _____

_____ You may email me regarding my medical care at _____

I give permission to communicate messages about the following via phone or email:

_____ X-rays, and other test results

_____ Billing or insurance matters

Patient Name

Date

